

CLAY CROSSING FOUNDATION, INC.

405/374-1225

WHAT TO BRING

We are a minimum 90 day program. The cost per 30 days less ancillary (medical, etc.) is \$3,900. You must bring that amount upon admission and will be billed at \$3,900 for each 30 days in advance.

PLEASE BRING:

**All hygiene products to get ready in the morning, including bar soap.
(flip-flops for the shower).**

Any medications must be brought to treatment in the original bottle prescribed in.

Thermal drinking cup.

Alarm clock (can be a radio clock.)

**Laundry detergent (to wash your clothing—not coin washers, just like home)
Basket or bag for laundry.**

**You must bring a pillow, towels and washcloths
(Bedding linens are provided, but you may bring a favorite blanket if you like.)**

A phone card to use at the Resident's phones for personal calls. If you have legal or medical issues, you may use the phone in the office for these calls.

Three meals are served daily. The soda machine is seventy-five cents. You may bring non-refrigerated snack items. Bring a covered plastic container to store snacks in your room. There are always free beverages available and an ice machine.

If you smoke, bring your own cigarettes and money to buy them. (There is one designated place allowed for smoking and tobacco use.)

You will also need to bring at least a weeks worth of comfortable clothing, shoes for hiking or working out, riding horses, etc. If you want to attend church, you may bring slacks but clean jeans are okay. Clothing must be appropriate in regards to no beer ads etc.

Guitars or musical instruments are okay (no drum sets).

NON ALLOWED ITEMS ARE:

Cell phones (however, you may leave this at the office and retrieve #'s from it);

Lap tops or any computer equipment;

MP3's or IPO's must not have movie downloads;

DVD players;

Ice chests;

Weapons (small pocket knives are acceptable);

Work out Supplements;

Pets (also, no pets on visitation).